

AIMS OF MPU COUNSELLING

Specialized psychotherapists offer you professional support in order to achieve a positive assessment during the MPU

- A detailed analysis of your traffic anomalies
- An individual, customised knowledge transfer
- The introduction to a critical examination and view of one's own traffic behaviour

AIMS:

- The development of the personal causes underlying personal causes and conditions and conditions
- The development of appropriate self-awareness and self-assessment with regard to road safety
- The promotion of responsible behaviour
- Developing strategies for coping with future hazards and dangerous situations

AVAILABILITY

TELEPHONE AVAILABILITY OF THE SECRETARIAT

Tuesday	11:00 am - 01:00 pm
Friday	08:00 am - 10:00 am
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MPU PREPARATION

COUNSELLING | DIAGNOSTICS | THERAPY



WHAT TO EXPECT DURING AN MPU?

In the case of an MPU due to drink-driving involves a medical examination by a doctor. This is followed by a psychological assessment. This is the main focus of the MPU.

Complete abstinence is a prerequisite **in the case of an MPU due to drugs in road traffic**. You can prove this by means of negative drug screenings.

If you undergo **an MPU due to a conspicuous many legal offences in road traffic**, the focus of the assessment is on the psychological examination.

Another part of the MPU in all three cases consists of a medical examination and reaction tests that you carry out on a computer.

PREPARATION FOR THE MEDICAL PSYCHOLOGICAL EXAMINATION (MPU)

Your driving licence has been revoked and you have been ordered to undergo a medical-psychological examination.

What to do after the withdrawal of your driving licence?

As a rule, the reasons for withdrawal are:

- Driving under the influence of alcohol
- Driving under the influence of drugs
- The achievement of 8 points in Flensburg
- General criminal offences

It is advisable to contact a traffic psychotherapist at the latest after the final judgement – at the start of the suspension period. To regain your driving licence, you will need a positive report from an MPU centre.

The majority of those affected have great difficulty coping with the demands of this examination situation without qualified preparation.

It is advisable to use the time of your ban period sensibly. With our qualified assistance, you can prepare for the MPU and the associated discussions with the experts.

You will achieve the greatest benefit if you start traffic psychotherapy as early as possible.

The number of sessions varies greatly from person to person and can only be estimated after the initial consultation. Please also consult your „points account“ for these sessions.

How do you find out your score?

You can request a current overview via the online register information of the Federal Motor Transport Authority:

<https://www.kba-online.de/>

For postal enquiries, you will find a form from the Federal Motor Transport Authority here.

https://www.kba.de/DE/Themen/ZentraleRegister/ZFZR/Auskunft/zfzr_auskunft_inhalt.html