

SUPERVISION FOR TRAINING AND FURTHER EDUCATION

- Supervision is used in training and further education to expand existing expertise on specific topics. This also applies to the state-recognised training to become a psychotherapist.
- Supervision can be recognised by the relevant chambers as further training within the meaning of SGB V for licensed psychological psychotherapists, child and adolescent psychotherapists and doctors.

SUPERVISION AS CASEWORK

During case supervision, current cases are presented anonymously and discussed professionally. The aim of supervision is to support the supervisee in their therapeutic, helping or managerial work through reflection and thus strengthen the positive effects of their work.

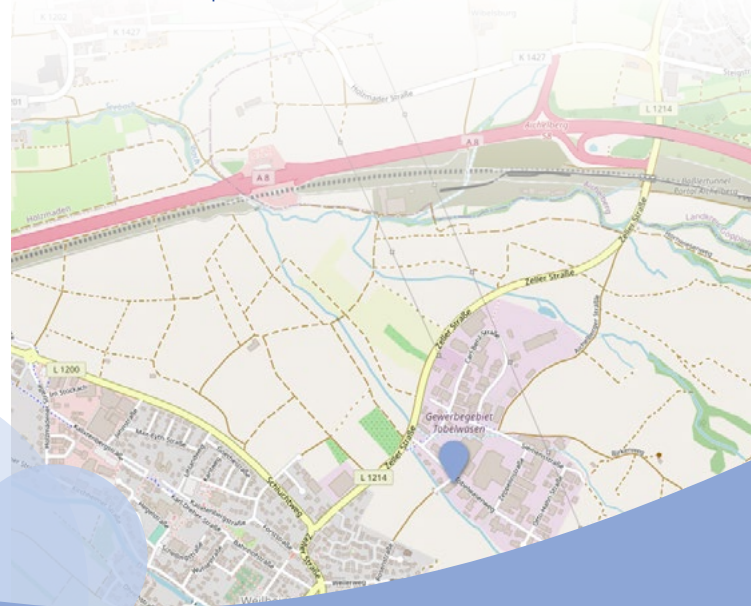
AVAILABILITY

TELEPHONE AVAILABILITY OF THE SECRETARIAT

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SUPERVISION

Recognised supervisor of the Chamber of Psychotherapists Baden-Württemberg (LPK-BW) – and as part of the state psychotherapy training programme



SUPERVISION



SUPERVISION FOR PEOPLE IN HEALING AND TEACHING PROFESSIONS

Today's world places very special demands on people who work with people in need of help or minors. The close contact with those in need of help results in an increased need to reflect on one's own work and, if necessary, the work in the team.

As in all private relationships, problems can also arise in your professional relationships. For example, conflicts can develop between the practitioner and patient, teacher and pupil, among colleagues or with your boss.

Supervision serves the purpose of „mental hygiene“ and thus the prevention of the widespread „burn-out syndrome“ among teachers and helpers. In addition to reflecting on the professional situation, the interface between professional and private life and the effects of important professional decisions also play a role.

Supervision provides a framework for discussing things under professional guidance that you lack the time and peace of mind for in your day-to-day work. It aims to ensure the quality of your professional work and your health.

The topics of supervision are determined by the supervisees and range from case management to conflict resolution - possibly also within the group/team – to the development of new concepts or structures.

The main focus of supervision is on the work itself, as supervision is not psychotherapy. The supervisor - this is particularly important in team supervision - comes „from the outside“ in order to be able to view the respective situation as a neutral person independent (of an institution).

SETTING

I offer supervision in various settings:

- **One-to-one supervision**
(e.g. for psychotherapists, doctors, teachers or managers)
- **Group supervision**
(e.g. for colleagues from different practices or institutes)
- **Team supervision**
(e.g. for a practice or training team)

In an individual setting, the supervisee benefits from the supportive and scrutinising view of their supervisor, and in a group setting also from that of the participating colleagues.